



Leader Intensive

The Leader Intensive is a deep dive, one-on-one, multi-session experience designed to help you start down the path to becoming a 100X Leader. The six sessions create building blocks based on your Story, your Voice, Choice, Rhythm, and Relationships all with a final Game Plan for continued transformation.

About

Six deep-dive Intensive coaching sessions each designed to unpack different aspects of your leadership to help you understand yourself better. You will be equipped with how to use self-awareness to make you more effective at everything you do. You will develop a game plan to put what you have learned into practice so you can start working toward your personal goals as a 100X Leader.

The typical outcomes you will experience:

- Learn how your story has shaped the way you lead
- Discover how your leadership Voice affects those around you
- Create stronger more intentional relationships
- Create an action plan to become the leader you want to be

Per Session



The Story

Intensive #1



The Voice

Intensive #2



The Choice

Intensive #3



The Rhythm

Intensive #4



The Relationships

Intensive #5



The Gameplan

Intensive #6



Compass Coaching and Consulting

Transformation. Elevation. Enculturation.

INTENSIVE SUMMARY

Objective » Why we're here

The GiANT Intensive process is designed to help you start down the path to becoming 100% healthy as a person and as a leader, and then help you to learn how to multiply (X) and scale that healthy leadership inside your teams and family. Each of these sessions is designed to unpack a different aspect of your leadership to help you understand yourself better, and then equip you with how to use that awareness to make you more effective at everything you do. At the end, we will develop a Gameplan to put what you learn into practice so you can start working toward your personal goals as a 100X Leader.

Agenda » What we're doing

#	Session	Goal	Time
1	Story	Your Story is an account of your life and how it has shaped who you are today in terms of how you live, lead, and make decisions. This is the first step to Knowing Yourself to Lead Yourself more effectively.	2hrs
2	Voice	Everyone has a Voice - a unique style of thinking, leading, and communicating. But most don't fully understand or utilize it effectively. We use a method called the 5 Voices to help you understand your foundational Voice and how to adapt to use different Voices to connect more effectively with different people.	4hrs
3	Choice	We will identify your core motivations and drivers (positive and negative) that most impact your decision-making.	1.5hrs
4	Rhythm	We will help you build a healthy, effective, and sustainable rhythm for your life and work so you can bring your best in every area of your life.	1.5hrs
5	Relationships	We will identify the relationships that are most important to your life and work and help you take them to the next level.	1.5hrs
6	Gameplan	Your action plan to bring this all together and put into practice your most important takeaways.	1.5hrs
Time Together			12hrs