



# The Peace Index Assessment

**We all wear a number. What is yours?**

## About

The Peace Index Assessment provides a valuable resource that allows individuals to assess how much peace they have in five key areas: Purpose, People, Place, Personal Health, and Provision.

The overall index of peace, and therefore, confidence and strength in our leadership and approach to life is relative to how healthy we are in these five areas.

### 1 Purpose

Do you know your purpose and are you living it out

### 2 People

Which relationships strengthen you and which need healthy boundaries

### 3 Place

You home, your workspace, even your city affect your peace level

### 4 Personal Health

Emotional, mental, physical and spiritual health are necessary for an effective leader

### 5 Provision

How much do you earn and is it appropriate for the work you do