

12-Week Peaks

What mountain are you attempting to summit? Do you know the route for the way up? Do you have a Sherpa to guide you?

About

The 12-Week Peaks program assists you in plotting and mapping the route to your summit into a series of smaller, progressively higher peaks, each of which are conquered within 12-week intervals throughout the year, propelling you towards the ultimate summit of your aspirations in the context of group accountability. Moreover, a dedicated Sherpa will be there to guide you.

The typical outcomes you will experience:

- Map your route so you can see the way forward in successive levels of achievement
- Implement a sustainable and measurable strategy for increasing personal and operational efficiency which propels you towards achieving your summit
- Identify and overcome obstacles along the way
- Maximize productivity and profitability

\$499 per month for 3 months

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Phase 1

Defining Each Participants Summit and Creating Their 12-Week Peaks Route Map

This is a time together which will meet a minimum of two weeks prior to the commencement of weekly group times. The purpose is to gain clarity of the following:

- **The Summit:** When you arrive at your summit, how will you know you have succeeded? What does it look like? What are its characteristics? Does it include multiple arenas of achievement (Purpose, People, Place, Personal Health, Provision) or just one or two of these? Or does it involve something else? What kind of leader do you have to become in order to achieve your summit? Clear definition of these things will be necessary for the journey.
- **12-Weeks Peak:** What peak(s) needs to be climbed to take you higher in elevation towards your goal? What needs to be accomplished in this 12 Week period in order to move you closer to your Summit? How will you translate these challenging, yet smaller goals into weekly and daily actions so you know you are making progress?

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Phase 2

Engage the climb

- **12-Week Peaks Group:** This is 1-hour coaching and accountability group which will meet weekly throughout the 12 weeks.

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